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SOME

OBSERVATIONS

Made upon the

Maldiva Nut:

SHEWING

Its Admirable Virtue in giving an Eaſie, Safe and Speedy Delivery to Women in Child-bed.

Written by a Phyſitian in the Countrey to Dr. *Hinton* at *London*. 1663.

LONDON,

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Made upon the

Maldiva Nut;

SHEWING

Its Admirable Virtue in giving an Eaſie, Safe and Speedy Delivery to Women in Child-bed.

SIR,

I Received your laſt, with your Requeſt, to know what Specifick I have obſerved in the *Indies* to be moſt Effectual againſt difficult Labour in Women, which amongſt us in *Europe* ſweeps away ſo many People. I

 muſt

muſt tell you, that I have been very Curious in taking Notice of this particular Caſe and have obſerved them to make great uſe of the *Maldiva Nut*, with very good Succeſs.

Dr. *Grew* tells us, that one of theſe Nuts was preſented as a great Rarity to the Royal Society at *Greſham-Colledge*, generally eſteemed in the *Indies* worth twenty five Pounds. It's Death for any Common People to meddle with them, as being the Kings Profit.

Augerius Cluſius hath written a Book in Commendation of this Rare Nut, and given many Examples of the wonderful Cures wrought by it, and particularly of a Patient of his, a Citizen of *Amſterdam*, whoſe Life was in great Danger by an acute Diſeaſe, when all other Means failed, very much importuned him to preſcribe him the *Maldiva Nut*, which the Patient had ſeen do great Cures in *India*, and particularly in Womens difficult Labour, and therefore told *Cluſius* it could do him no Injury if it did him no Good; upon which he gave it him, and the Man ſpeedily recovered; upon which

which he gave Dr. *Cluſius* a piece of the Nut, with which he gave Relief to many Women in Difficult Labour.

Dr. *Groll* tells us of the Wife of one *Bernardus*, who had been tormented for three days with moſt violent Pains of Child bearing, and filled all the Neighbourhood with her Out-cries; when all things had been given as are uſual in that Caſe, and to no purpoſe, he then gave her the Powder of this Nut in a little Sirrup and Water that's uſual in that Caſe, upon the uſe of which ſhe was ſpeedily and ſafely delivered of a Child, to the great Joy and Comfort of the Mother.

He alſo tells of a Shoomakers Wife who endured great Miſery, and was in great Danger, her long and acute Pains having cauſed a Feavor; at length the *Maldiva Panacea* being adminiſtr'd, ſhe was deliver'd of a dead Child.

Dr. *Cluſius* tells of the Son of a Duke, who was ſtrangely recovered from a languiſhing Diſtemper, only by Drinking all his Liquid Aliment

ment out of this Shell, it did mightily corroborate all the Power of Nature.

The Famous Dr. *Tulpius* uſed frequently to preſcribe this Nut with very good Succeſs.

And Mr. *Parkinſon* in his *Herbal* tells us, that Perſons of the Beſt Quality in *India* carry a piece of it always about them, faſten'd to a Chain, which they ſteep in Wine or other Liquor, as an Antidote againſt any Poyſon or Infections; and drinking out of the Cup made of the ſhell they look upon as a Preſervative againſt all Diſeaſes, and a Means to keep themſelves in a ſound and healthful ſtate: He alſo commends it as very available in Womens hard and difficult Labour.

When I travelled in *Spain*, they uſed to call it the *Egyptian* Midwife, I ſuppoſe only by way of Alluſion to the ſpeedy Delivery of the *Hebrew* Women by their Means.

For my own particular, I can truly ſay, that I have often experienced it to be admirable in

in that Caſe, if I may beleive the good Women in our Countrey, and particularly one famous Midwife, who hath gotten great Reputation by the uſe of it.

I knew a Country Gentlewoman who by very ſtrait Lacing her ſelf, and Eating Green Fruit, and Drinking Red Wines, uſed to have hard Labour, but after ſhe had found out this *Indian* Remedy, never met with Difficulty in her Travels. I could name others but I forbear, becauſe they are needleſs.

FINIS.